RUTH CHALMERS

EDUCATION

University of Colorado Boulder
Bachelor of Environmental Design (Env.D)
Major of Landscape Architecture
May 2026

SOFTWARE

· AutoCAD
· ArcGIS / QGIS
· Rhino 3D
· SketchUp
· Adobe Photoshop
· Adobe Illustrator
· Adobe InDesign
· xfigura.ai

SOFT SKILLS

· Ethics are always valued
· Personable and easy to connect with
· Easily communicates with others
· Thinks diversely
· Leads with confidence
· Adaptabile to change

AWARDS

· 2020 Photography Contest (UAHS)

VOLUNTEER & COMMUNITY SERVICE

Mid-Ohio Food Bank 45 hours
· Sorted and distributed food donations to underserved communities.
· Addressed food insecurity.
· Built a strong relationship with the community.

Camp Counselor & Volunteer 52 hours
· Organized programming and fostered a safe environment for youth participants.

Vacation Bible School Volunteer 16 hours
· Facilitated interactive educational programming for elementary-age children.

EXPERIENCE

INDEPENDENT CONTRACTOR — FITNESS TRAINER

Boulder Athletics, Boulder, CO
February 2025 – Present

• Design evidence-based training programs for diverse clients
• Manage all business operations, including client acquisition and scheduling.

NANNY

Boulder, CO
June 2024 – January 2026

• Managed and provided a safe environment for two young girls.
• Responsibly took care of daily childcare needs in a timely manner.
• Took time and effort to truly understand each girl's needs

PERSONAL TRAINER

Crunch Fitness, Boulder, CO
September 2024 – February 2025

• Coached clients through comprehensive programs with emphasis on technique and sustainable habit formation.

SERVER

Swensons, Upper Arlington, OH
February 2018 – August 2024

• Delivered efficient customer service for over six years
• Coordinated with kitchen and front-of-house staff.

TEAM MEMBER

Farrand Market, CU Boulder, Boulder, CO
February 2022 – July 2022

• Managed high-volume order fulfillment in campus dining environment serving 500+ daily transactions.

TEAM MEMBER

Chipotle, Dublin, OH
January 2023 – May 2023

• Executed food service operations, maintaining food safety standards and customer service excellence.

KIDS TEAM MEMBER

Life Time Fitness, Boulder, CO
February 2021 – June 2022

• Supervised children's programming for ages 3–12; prioritized safety protocols and engagement strategies

HOSTESS

Houlihans, Upper Arlington, OH
November 2020 – June 2022

• Greeted guests and communicated with front and back of house in a timely manner

ACADEMIC PROJECTS

AI in Design — xFigura Symposium Fall 2025

Instructor: Prof. Nesrine Mansouré, CU Boulder
• Critically engaged with AI tools in design pedagogy, examining ethical implications and creative workflows.
• Student work presented at Design Intelligence: New Pedagogies for AI-Aided Architectural Design

Chalmers.5@icloud.com (614) 603-8830 linkedin.com/in/ruth-chalmers-b15691327